

Christ Hospital Birthing Classes

The easiest way to sign up for birthing classes is online. Simply go to the website:
<https://www.thechristhospital.com/services/womens-health/your-care-and-treatment/pregnancy/childbirth-education>

The screenshot shows the 'Women's Health' section of the Christ Hospital website. It features a blue header with a yellow female symbol icon. A left sidebar lists various health topics under categories like 'Let's Talk About Women's Health', 'Women's Health Decade by Decade', 'Your Care and Treatment', and 'The Christ Hospital Physician Offices'. The main content area has navigation tabs for 'OVERVIEW', 'PRECONCEPTION PLANNING', 'CHILDBIRTH ED', and 'YOUR CARE TEAM'. The 'CHILDBIRTH ED' tab is active, displaying 'Childbirth classes and resources'. This section includes text about class resumption in 2021, a link to a full list of classes, contact information for the Perinatal Education department, and a 'Classes & Tours' section featuring a 'Mt. Auburn Labor & Delivery and Postpartum Rooms Virtual Tour'. Two call-to-action buttons are present: 'REGISTER for a class' and 'Find a Women's Health EXPERT'. A video player at the bottom shows a woman in a virtual tour.

The offered classes include breastfeeding (free!), infant CPR, natural childbirth, baby care basics, prepared childbirth, Lamaze series, siblings class, and grandparents class. There are in-person classes at Liberty and main Christ hospital as well as virtual classes.

This is also where you sign up for virtual and in-person tours.